

Things	That	Make	Me	Weak
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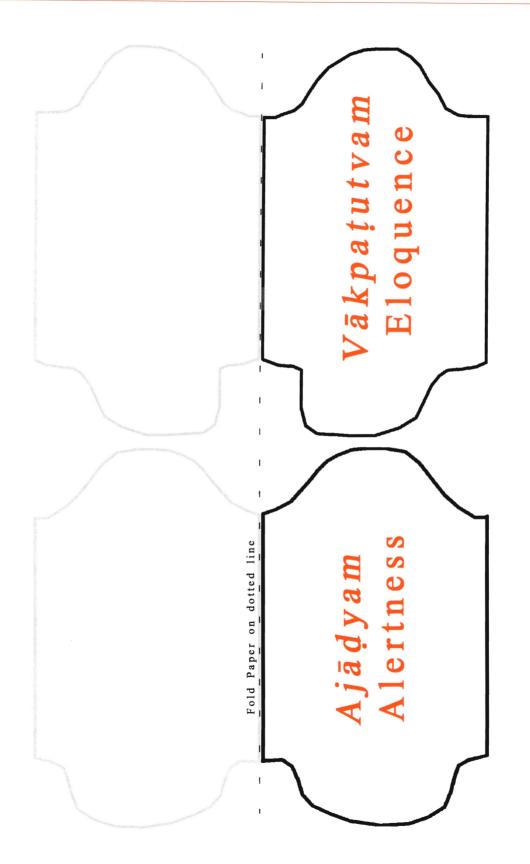
Can you find these words?

1	nger lfish		ride teal		Greed Allerg		Ego Ruo		Toot Hurt	hach	e
Е	R	A	F	R	Н	J	U	I	K	M	L
A	D	N	P	R	I	D	Е	V	J	S	F
S	D	G	Н	U	С	F	R	K	L	S	В
G	R	Е	Е	D	Y	Н	N	M	S	D	D
D	J	R	С	Е	G	О	Ι	S	Т	Ι	С
Т	О	О	Т	Н	A	С	Н	Е	Е	S	K
K	L	A	Е	F	Т	Y	L	L	A	V	Е
N	О	N	S	Н	A	R	Ι	F	L	U	Е
S	A	L	L	Е	R	G	Y	I	I	В	Т
S	D	Е	G	Y	Н	U	G	S	N	J	K
F	Е	В	G	Т	S	Z	A	Н	G	Y	G
Н	U	R	Т	I	N	G	О	Т	Н	Е	R

Things That Make Me Strong

Can you find these words?

Smile Sharing Exercise Love Salad Fruits Vegetables Worship Kindness Milk S A N F A D Ι Α I E M D S P M O Ι Ι V S R \mathbf{C} I Ι \mathbf{C} N L Ι L L E E D Α \mathbf{O} L E S Е K A E E Н A M R K S E E Ι X Α L Α D N M I Η Η O E Η E R R R E F N S L K L R A L P E I O D K S \mathbf{C} V L L S L R D E N IJ G O N Ι Ι Τ E E M S E V S N S R S D N F IJ T T T O V E G E A В L E S L \mathbf{C} S O \mathbf{W} R S Η Ι P E X L

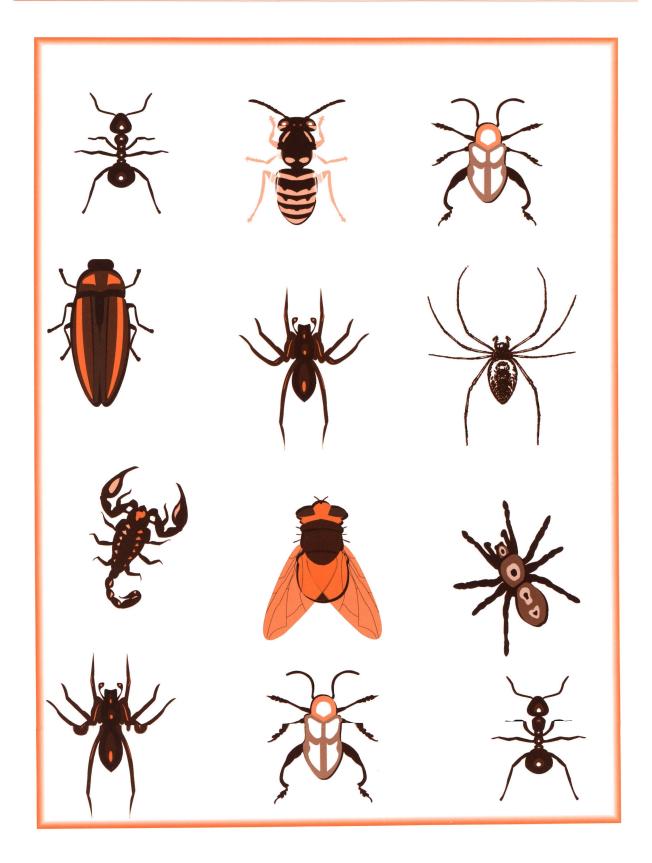


Story Line

- 1. King Daśaratha of Ayodhyā had four sons: Rāma, Lakṣmaṇa, Śatrughna, and Bharata.
- 2. When Rāma was to be the crowned king, his stepmother Kaikeyi asked that her son Bharata be made the king.
- 3. Rāma was banished to the forest for 14 years.
- 4. Rāma, along with his beautiful wife Sītā and his brother Lakṣmaṇa, left the kingdom to live a simple life in the forest.
- 5. In the forest they encountered, fought, and destroyed *rākṣasas* and restored peace to the troubled *ṛṣis*.
- 6. In the forest, they met with a demoness whose nose was chopped off by Lakṣmaṇa.
- 7. To take revenge for his sister Sūrpaṇakhā, Rāvaṇa changed himself into a wandering monk to find Sītā in the forest.
- 8. When Rāma and Lakṣmaṇa were distracted, Rāvaṇa abducted Sītā, taking her to Laṁkā.
- 9. Rāma and Laksmana enlisted the services of Hanumān to help them find Sītā.
- 10. Śrī Hanumān found her in Aśoka Vāṭikā in Laṁkā, but He was caught, and Rāvaṇa set His tail on fire.

- 11. Hanumānji escaped and set fire to Lamkā.
- 12. Rāma, Lakṣmaṇa, Hanumān, Sugrīva and his army waged war against Rāvaṇa.
- 13. The monkeys made a bridge to Lamkā, and, after a long battle with spears, bows, and arrows, Rāma killed Rāvaṇa and brought Sītā home.
- Rāma stepped on the stone and Ahalyā, who was rich in her austerity, rose. Rāghava bowed to Ahalyā the great *tapasvini*, and humbly announced: "Rāma, am I."
- 15. King Janaka announced, "Rāma has broken the bow and successfully fulfilled the conditions of marriage. I shall give my daughter, Sītā, in marriage to Him."
- 16. Mantharā: "Now, hurry and plan to place Bharata on the throne and send Rāma into exile in the forest for fourteen years."
- 17. Guha voluntarily brought a strong boat and said, "Lord! Please get into it with Sītā and Lakṣmaṇa."
- 18. Bharata: "Oh King! Give me your sandals for the kingdom to worship them. I shall serve both the sandals and the people of Ayodhyā till you return."
- 19. Rāvaṇa: "You become the delusory golden-deer and contrive to take Rāma and Lakṣmaṇa away from the *āśrama*. Then, I shall abduct Sītā."
- 20. Jaṭāyu heard the cry of Sitāji and ran to save Her from Rāvaṇa. There was a fight between Jaṭāyu and Rāvaṇa.
- 21. Surasā: "I am very hungry and quite determined that you shall enter my mouth."

- 22. Hanumān: "Oh Lord! I am the minister of Sugrīva, son of Vāyu, named Hanumān, born out of the womb of Amjanā.
- 23. Bāli looked at Rāma with sad, accusing eyes: "Rāma, what have I done to You that You so cruelly sent a shaft at me from behind a tree?"
- Vānaras narrated the whole story. Sampāti looked across the ocean and said, "I see Lamkā, a beautiful city of many buildings and many fortresses. There I see Sītājī, in the garden surrounded by rākṣasīs."
- 25. Śabarī: "My entire life spent in *Guru-sevā* (service of my teacher) has had its. reward in this moment. I have gathered sweet berries and have tasted each one of them before offering them to you. Please, accept my humble offering."
- 26. Sītājī: "Hanumān, here is a ring My mother gave Me at the time of My wedding. Give it to *Śrī* Rāma."
- 27. Jumping from wall to wall, swinging from roof to roof, the mighty Hanumān set fire to the entire Laṁkā and burned down to ruin.
- 28. Rāvaṇa: "We have seen how this monkey has caused havoc in our beautiful city. True, I have carried away Rāma's wife, but I see nothing wrong in it."
- 29. Ocean god: "I cannot go against my nature. I cannot part but you can build a bridge over water and reach Lamkā. I will support the bridge."
- 30. *Śri* Rāmacandra's charming face glowing with His joyous smile, resplendent as thousands of suns, served by Sītā, Lakṣmaṇa, and *Śri* Hanumān forever exists.



Dohās 1-2, caupāi 1

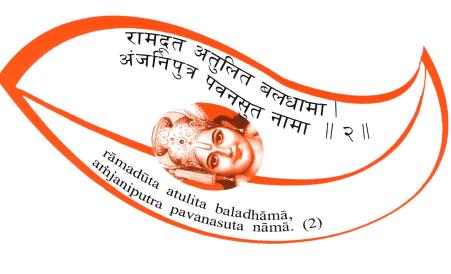
Śri Hanumān Cālisā

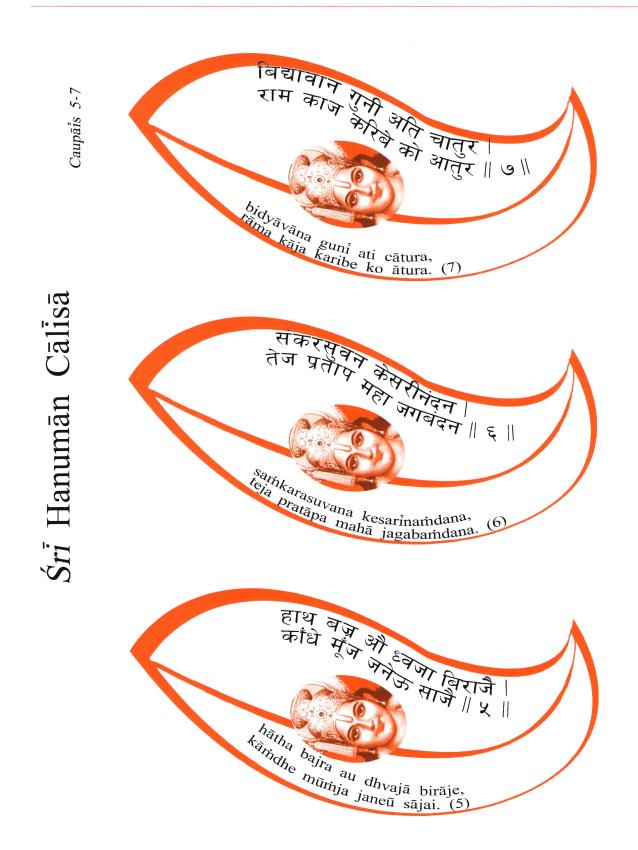








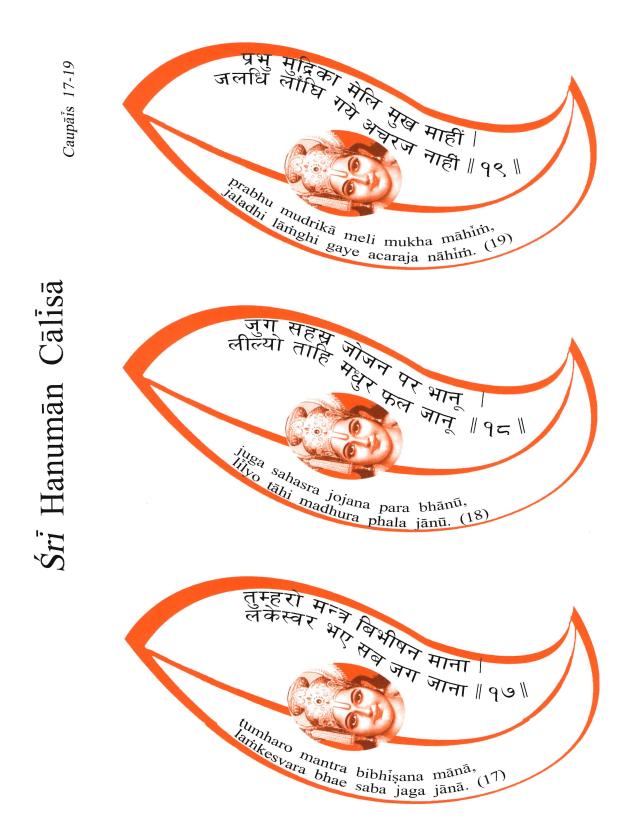


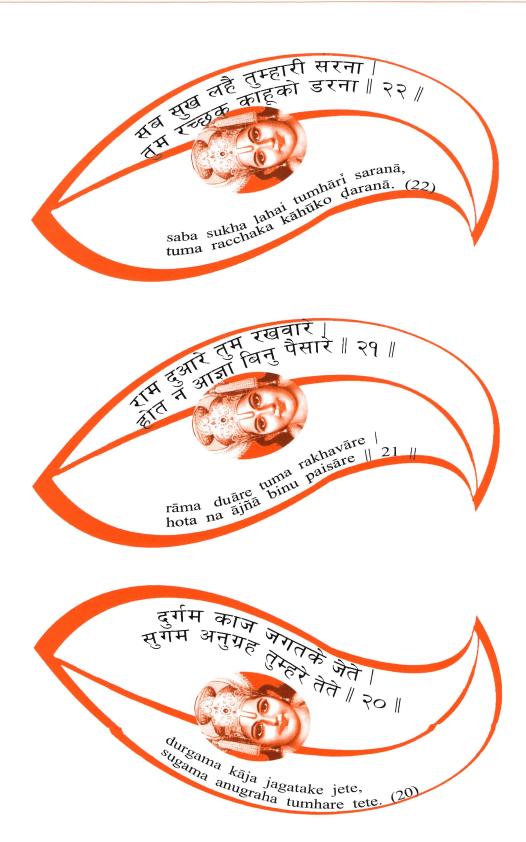


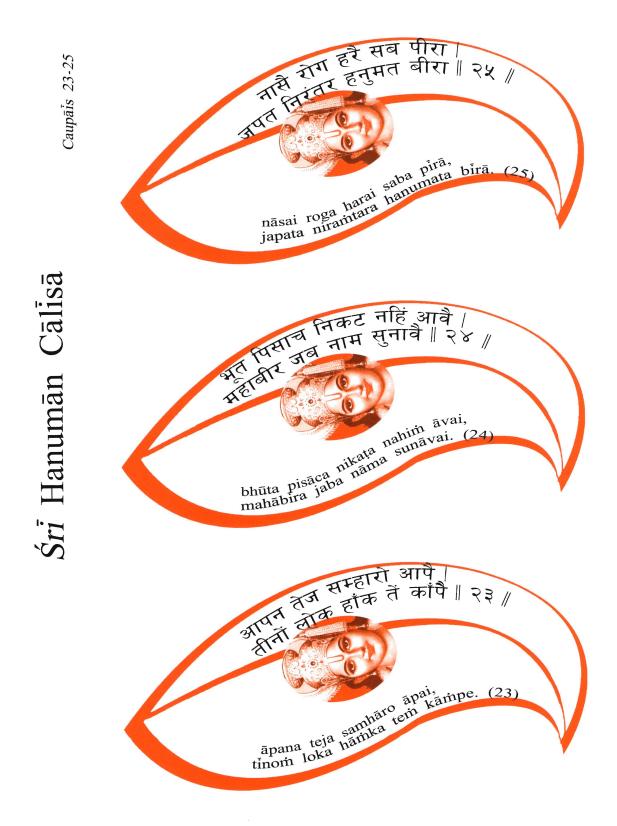


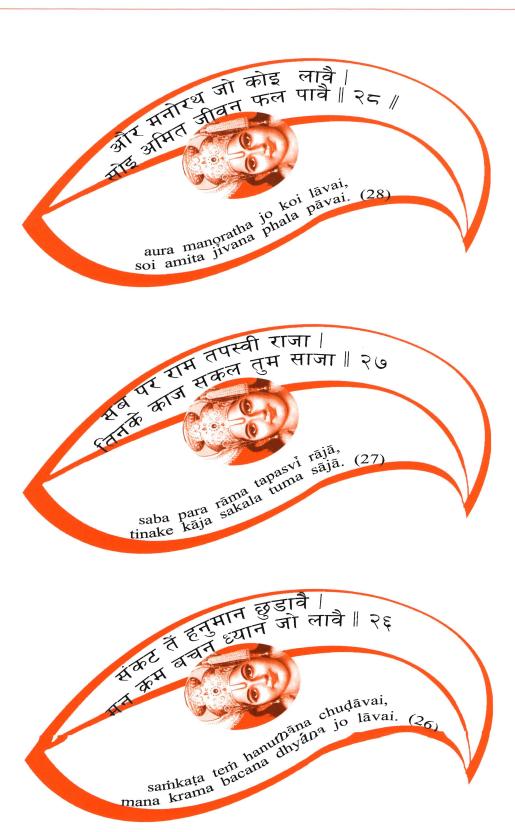


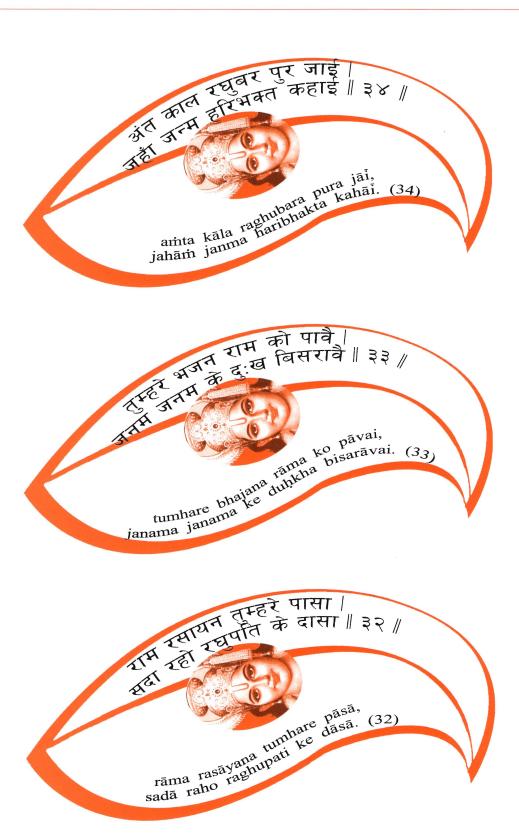




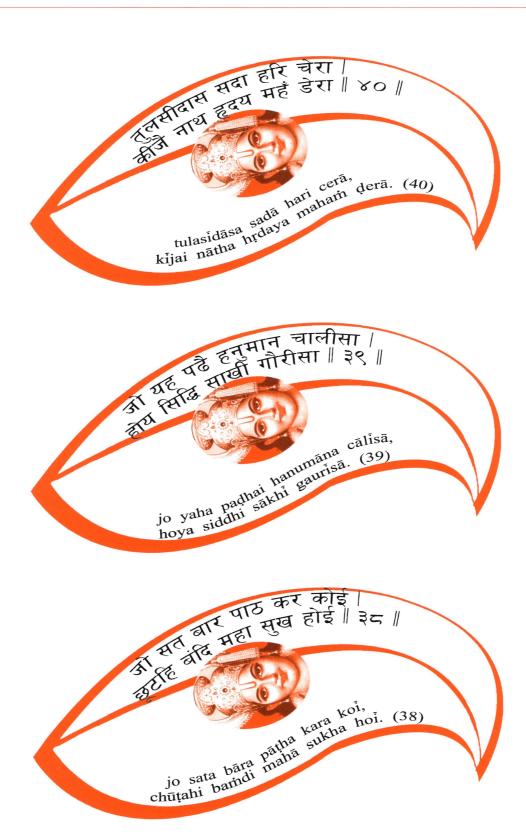


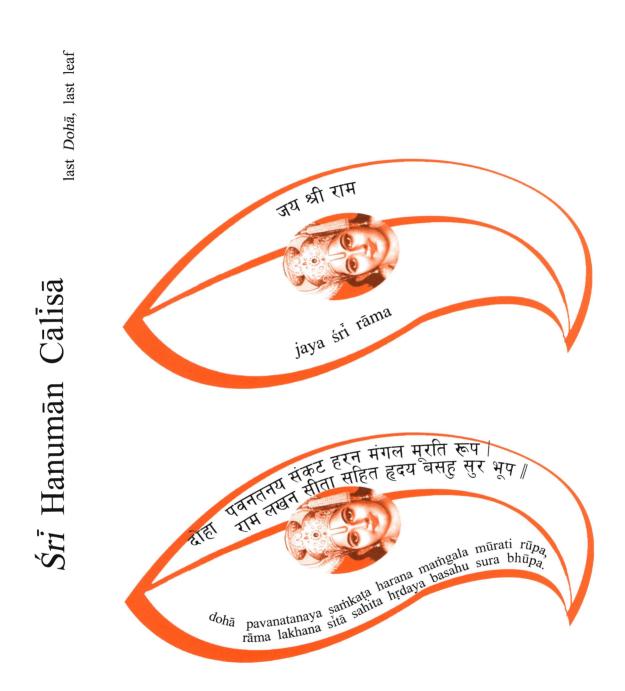






Caupāis 38-40





No.	Questions	Mom	Dad
1.	Who is your favorite God (Deity)?		
2.	What is your favorite sport?		
3.	What is your favorite food/dish?		
4.	What was your favorite subject at school?		
5.	What is your favorite city or favorite place to visit?		

Fill the words given in bold. Down 1. I am compassionate. Across 2. I **love** my friends. 8. I am **kind** to my pet. 4. I always pray. 10. I am **nice** to all. 13. I smile often. 5. I **share** my toys. 10 13







Can you find these words?

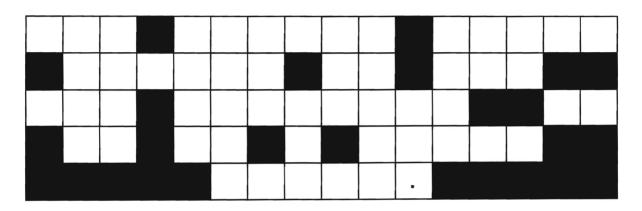
Be sure to look backwards, forwards, and diagonally!

Agree Give in Let go Yield Submit Succumb Surrender

						_					
S	U	В	M	I	Т	О	Z	R	L	M	Q
U	U	Е	M	N	L	L	О	W	N	W	D
С	V	R	V	Y	R	G	Е	Q	P	L	S
С	Е	D	R	I	Т	L	R	K	Y	K	P
U	J	I	M	Е	G	K	С	S	F	С	V
M	K	D	L	L	N	F	Т	Ι	X	M	M
В	G	X	N	D	Y	D	Ι	X	U	J	R
A	P	I	A	G	R	E	Е	Ι	L	N	J
J	K	В	V	L	D	Z	R	R	G	Е	C
P	V	F	G	Н	Т	Т	X	Т	J	D	S
P	P	L	U	О	N	U	О	Т	N	D	N
G	I	V	Е	Ι	N	F	P	С	Y	Т	Z

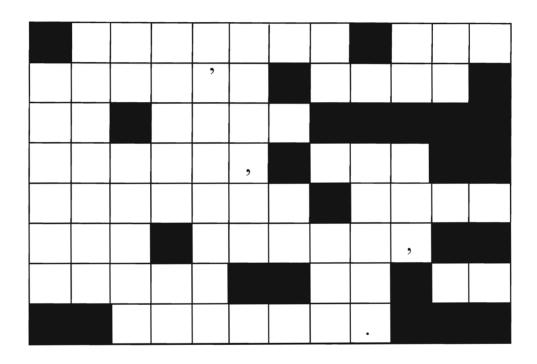
Write the letters in the spaces provided and find out what it reads.

YOULEAPEDQITEEASILYATTHESUN THINKINGITTOBEASWEETFRUIT.



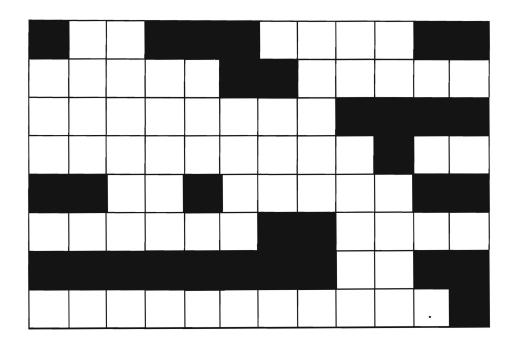
Write the letters in the spaces provided and find out what it reads.

HOLDINGTHELORD'SRINGINYOURMOUTH, YOU CROSSEDOVERTHEOCEAN, WHICHISNOWONDER.



Write the letters in the spaces provided and find out what it reads.

BYYOURGRACEEVENTHEMOSTDIFFICULT OFTASKSBECOMEEASYTOACCOMPLISH.



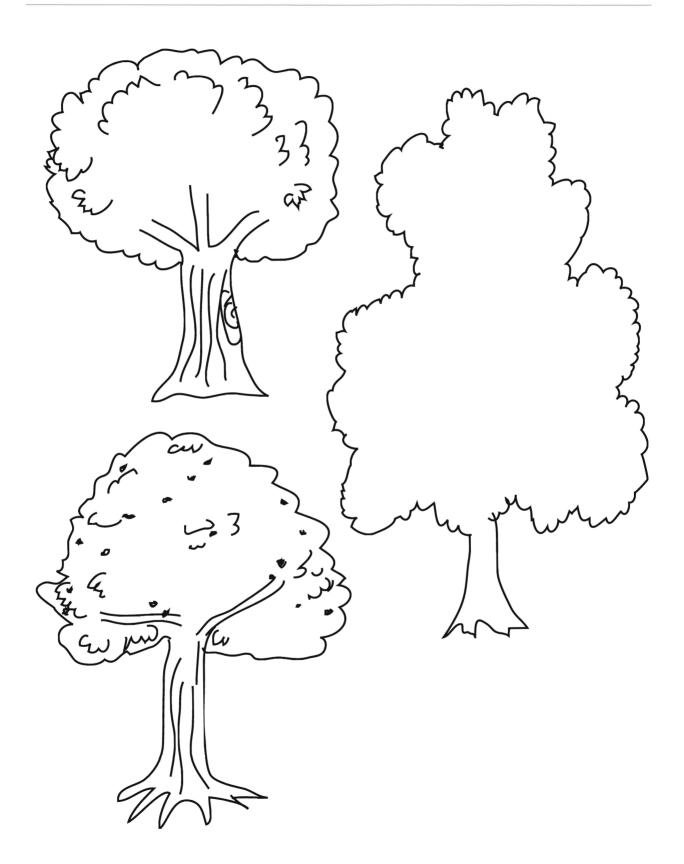
Circle the following qualities that made Rāma dear to Hanumānji Be sure to look backwards, forwards, and diagonally! Bold Wise Noble Loyal Humble Righteous Fearless G Н A R I T O U S K E G K Н F \mathbf{C} B Τ U X \mathbf{O} D \mathbf{C} T L P E Q W S S Ι E U X E N U J G V O L O P V R M Y \mathbf{C} Н U Ţ N Н U G D R L R S A F E Α L E S U I J P \mathbf{C} L O L M N D E X M D J G \mathbf{C} D N J В V F R В V V \mathbf{B} O L V F T Y N A D L \mathbf{C} X W \mathbf{Z} X U В R Н T E K Н G L X N F I O P N V D S \mathbf{Z} E Q N M V \mathbf{Z} A T Y A

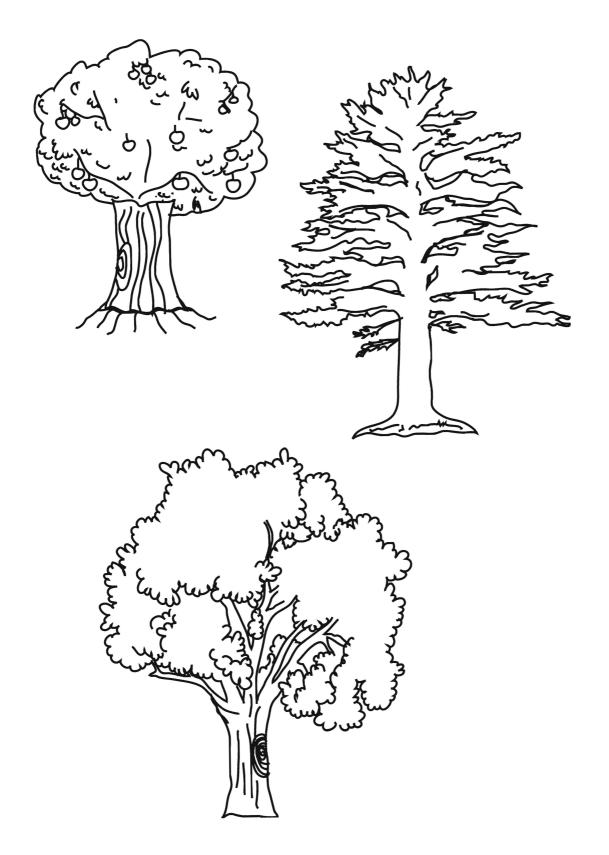
Can you find these words?

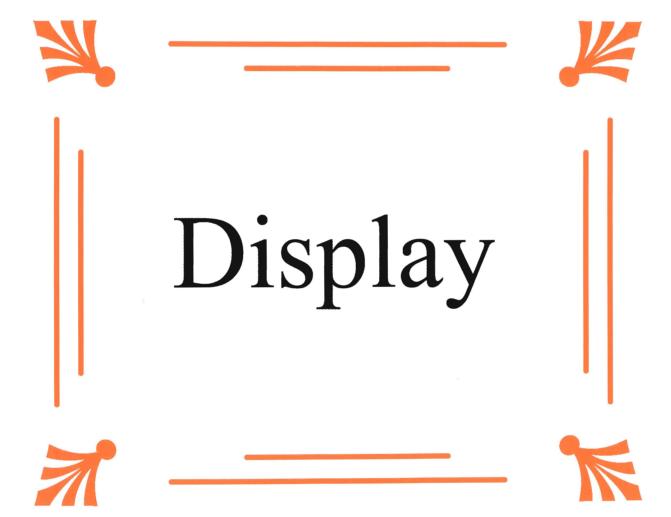
Be sure to look backwards, forwards, and diagonally!

Allergy Anger Fever Gossip Headache Jealousy Toothache

Е	Н	С	A	Н	Т	О	О	Т	A	W	G
Т	Н	Е	R	Е	P	Е	T	L	I	О	Т
О	F	Y	О	U	R	N	L	A	S	M	Е
D	I	S	Е	A	S	Е	Е	S	S	V	R
Н	J	D	S	L	R	Н	Ι	K	X	Е	G
S	S	Т	R	G	A	P	L	Y	V	U	J
Z	M	Q	Y	T	F	G	С	Е	S	L	D
Q	N	Q	P	X	R	R	F	W	X	V	V
D	R	Е	G	N	A	Q	Q	I	Т	Z	V
Н	A	О	L	G	Q	О	Н	K	F	Т	С
Н	Е	A	D	A	С	Н	Е	R	Е	G	N
J	Е	A	L	О	U	S	Y	N	U	I	A

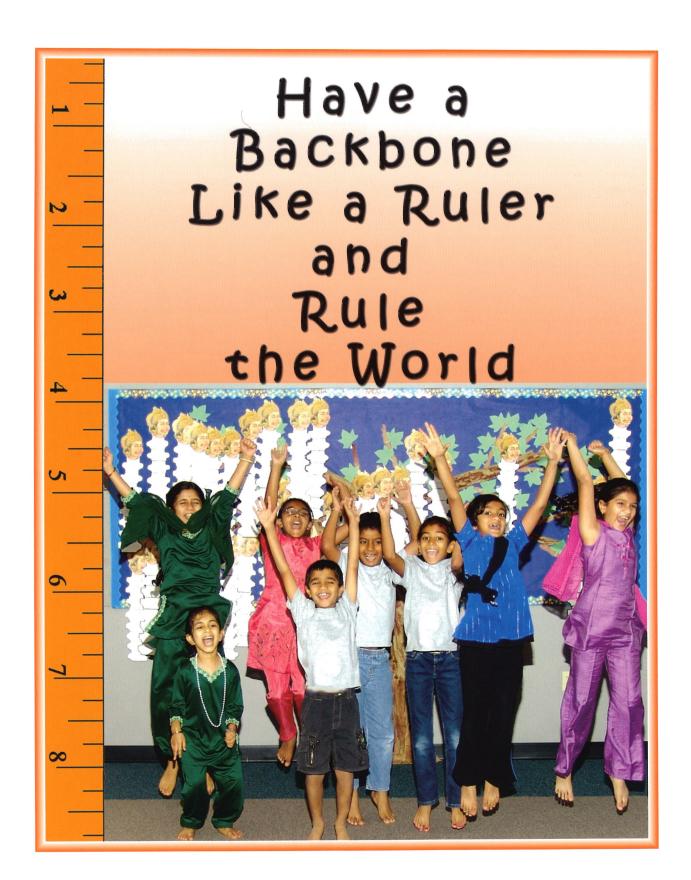


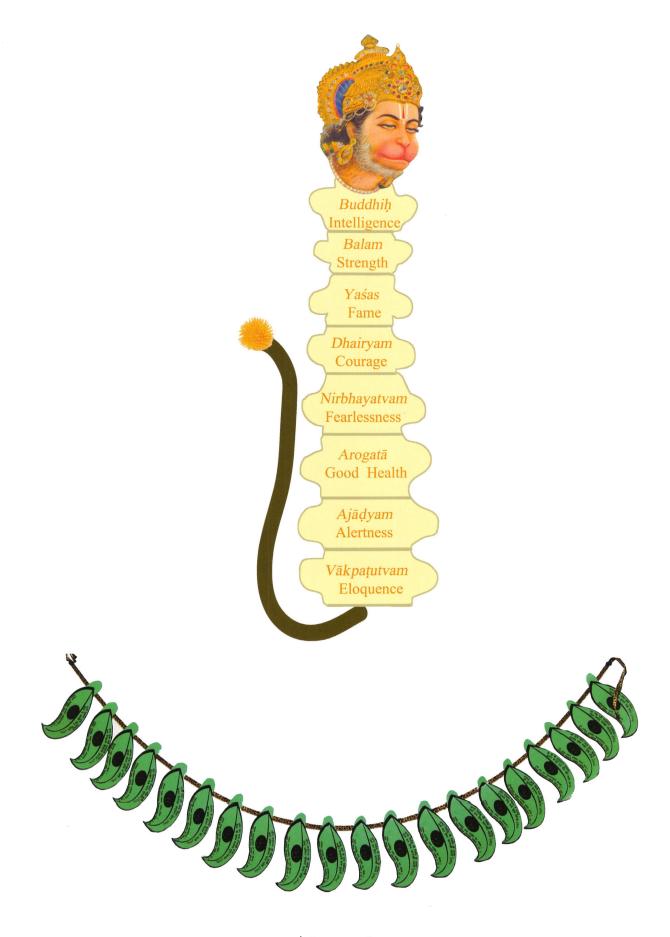




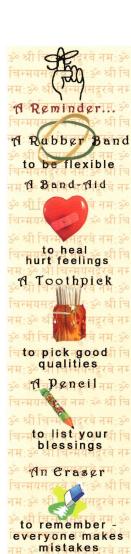
Pon't put the key to your happiness in someone else's pocket.

- Swami Chinmayananda









A Candy Kiss

to remind you -

everyone needs

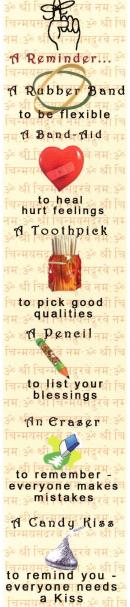
चिन्मय a Kiss के श्री चि

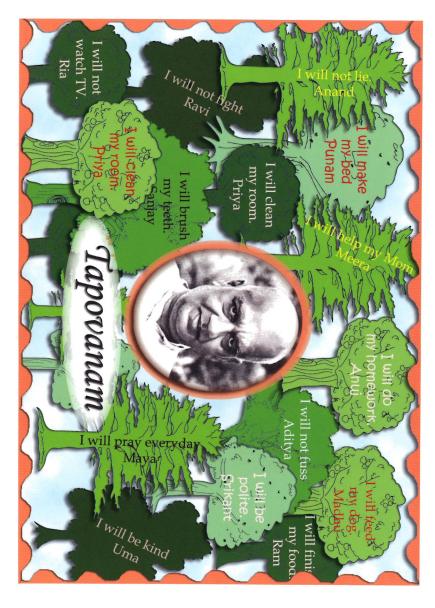


to remind you -

everyone needs

a Kiss





Samskṛta Transliteration Guide

```
as o in son
                                       अ
a
                                       आ
                                                Τ
       as a in master
ā
       as b in book
b
                                       चि′ द′ छ ए म′ छ .. छ क ज कि′ ल मिं. न 'छ ज मं'ओ
       as ch in check
c
       as th in then
d
d
       as d in do
       as a in evade
e
       as g in good
g
       as h in hard
h
       as h in oh!
h
       as i in if
       as ee in feel
       as j in jar
       as k in kite
k
       as 1 in Lord
1
       as m in man
m
       as m in simple, hum
m
       as n in nose
n
        as n in monkey
'n
        as n in lunch
ñ
        as n in under (hard)
ņ
                                                Ť
        as o in over
0
        as p in put
p
        as r in run
r
                                       ऋं
        as r in Krsna
                                       स्
        as s in sit
S
                                       र्भ ष त ८ ७ ७ व य १ ९ औ
        as sh in shut
ś
        as sh in show
        as t in tell
t
        as t in touch
ţ
        as u in full
        as oo in boot
ū
        as w in want
V
        as y in yak
У
        as y in my
ai
        as ow in now
au
                                       भ् छ् ध् ढ् घ्
        as bh in abhor
bh
        as tch in catch him
ch
        as the in breathe
dh
        as dh in godhood
dh
        as gh in ghost
gh
```

Samskṛta Transliteration Guide

```
jh
       as geh in hedgehog
                                   झ्
kh
       as kh in khāki
                                   ख्
                                   फ्
       as ph in photo
ph
       as th in thumb
                                   थ्
                                  ठ्
th
       as th in ant-hill
       as unwritten 'a' sound
                                   2
                                   22
       as unwritten 'ā' sound
```

Letters ! and \bar{r} represent \bar{q} and \bar{k} (, *) respectively. Letters F, Q, W, X and Z are not called to use.

In Samskṛta, consonants represented with a stroke below e.g. as in $\overline{\Phi}$ cannot be pronounced except in conjunction with a vowel marked (*). For example:

```
क (k) + अ
               (a)
                       = \overline{a}
                               (ka)
क् (k) + आ
                       = का
              (ā)
                              (kā)
क् (k) + इ
                       = कि
               (i)
                              (ki)
क् (k) + ई
                       = की
               (i)
                             (ki)
क् (k) + उ
               (u)
                               (ku)
क् (k) + ऊ
               (\bar{u})
                              (kū)
क् (k) + ऋ
                       = कृ
               (i,)
                               (kṛ)
क् (k) + ऋ
              (\bar{r})
                               (k\bar{r})
```

Bala Vihar Curriculum

Subject Grade Kindergarten The Alphabet Safari The Pledge Bāla Rāmāyaņa Grade 1 Śri Hanumān, The Super Superman Grade 2 Grade 3 Bāla Bhāgavatam Kṛṣṇa Kṛṣṇa Everywhere Grade 4 My 24-Teachers Symbolism In Hinduism Grade 5 India, The Sacred Land Grade 6 Grade 7 P.O. Box Mr. God Key To Success Yato Dharmah Tato Jayah Grade 8 Grade 9 Hindu Culture Bhagavad Gitā - Chapters 1 to 9 Grade 10 Bhagavad Gitā - Chapters 10 to 18 Grade 11 Self-Unfoldment Grade 12